

Total T₄ Testing Guide: Canine Hypothyroidism

Dynamic Range

Therapeutic

0.5–10.0 µg/dL (6.4–128.7 nmol/L)

Catalyst Total T₄ Results

Low	$<$ 1.0 μ g/dL	(<13.0 nmol/L)
Low Normal	$1.0-2.0~\mu \mathrm{g/dL}$	(13.0-26.0 nmol/L)
Normal	$1.0 extstyle{-}4.0~\mu extstyle{g}/ extstyle{dL}$	(13.0-51.0 nmol/L)
High	$>$ 4.0 μ g/dL	(>51.0 nmol/L)

 $2.1-5.4 \mu g/dL$

Canine Screening

- Dogs with low total T₄ (T₄) and evidence of nonthyroidal illness (NTI) should have the NTI addressed.
- Dogs with T₄ results in the low normal range may be hypothyroid.

In dogs with low or low normal T_4 results and with consistent clinical signs, consider one or more of the following to aid in confirming hypothyroidism:

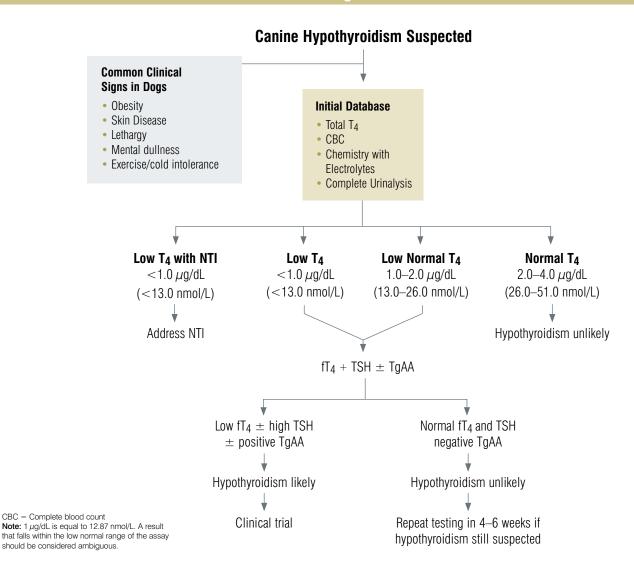
- Free T₄ (fT₄)
- Endogenous thyroid-stimulating hormone (TSH)
- Possible thyroglobulin autoantibodies (TgAA)

Hypothyroidism Therapeutic Monitoring

For dogs on thyroid supplement, acceptable 4–6-hour post-pill T_4 values will generally fall in the upper end of the reference interval or slightly above.

Algorithm

(27.0-69.0 nmol/L)





Total T₄ Testing Guide: Feline Hyperthyroidism

Dynamic Range

 $0.5-20.0 \,\mu \text{g/dL}$ (6.4-257.4 nmol/L)

Catalyst Total T4 Results

Subnormal $< 0.8 \,\mu g/dL$ (<10.0 nmol/L)

Normal $0.8-4.7 \,\mu g/dL$ (10.0-60.0 nmol/L)

Gray zone in old

or symptomatic cats (30.0-60.0 nmol/L) $2.3-4.7 \,\mu \text{g/dL}$

Consistent with

hyperthyroidism >4.7 μ g/dL (>60.0 nmol/L)

Feline Screening

Cats with consistent clinical signs and total T₄ (T₄) values in the borderline high range (gray zone) may have early hyperthyroidism with a concurrent nonthyroidal illness (NTI).

In these cases, consider the following to aid in confirming the diagnosis:

- Free T₄ (fT₄)
- T₃ suppression test
- Radionuclide thyroid imaging

Hyperthyroidism Therapeutic Monitoring

Following treatment with methimazole (or similar), T₄ values will generally fall within the lower to midportion of the reference interval.

Algorithm

Feline Hyperthyroidism Suspected **Common Clinical** Signs in Cats Weight loss **Initial Database** Hyperactivity Total T₄ Polyphagia • CBC · Palpable goiter · Chemistry with Unkempt coat Electrolytes Complete Urinalysis Low T₄ Normal T₄ High T₄ $0.8-4.7 \, \mu \text{g/dL}$ $< 0.8 \,\mu g/dL$ >4.7 μ g/dL (<10.0 nmol/L)(10.0-30.0 nmol/L) (>60.0 nmol/L)Euthyroid sick Normal T₄ (Gray Zone) or iatrogenic $2.3-4.7 \mu g/dL$ (30.0-60.0 nmol/L)*If strong suspicion of hyperthyroidism still exists consider retesting in 4-6 weeks or a technetium scan. Low or High fT₄ normal fT4 Note: 1 μ g/dL is equal to 12.87 nmol/L. A result that falls within the gray zone of the assay should be Hyperthyroidism unlikely* Hyperthyroidism likely



CBC = Complete blood count

considered ambiguous.